

How we support the farming community

Every day of the year, RABI – the Farmers Charity, provides practical, financial and emotional support to the farming community. This support is delivered directly through our regionally-based team and and in partnership with specialist organisations. In 2025, we supported over 13,000 farming people.

Practical support



- One-to-one, expert information, advice and guidance
- 24/7 freephone helpline
- Benefits guidance and other financial entitlements support

Our regional support staff have helped secure **£1.75m** in benefits for farming people since 2020.

Financial support

- Direct financial grant support to eligible farming people during challenging times
- Cost-of-living campaigns, such as our Return to School and Winter Grant

Our 2026 Winter Grant supported a total of **7,335** individuals across farming households, helping them manage essential costs.



We offer short-term/one-off monetary grants for a broad range of personal, financial crisis needs such as:

Food, utility bills, rent and council tax assistance

Essential home repairs

Personal need/critical transportation costs

Training grants to supplement the primary farm income

Independent Living Grants: Support for care home access and home adaptations

Funding where additional farmworker support is required due to illness, injury or other crisis

Emotional support



- Professional mental health counselling
- Self-help Click & Chat wellbeing support
- Accredited mental health training

We have provided over 11,500 hours of accredited counselling to farming people.

The difference your support makes

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“The budgeting support gave us clarity.
For the first time in years, we feel in control.”

– Arable farming couple, Norfolk



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“Feed and fuel costs went up faster than we could keep up. The help we received meant we could stay afloat.”

– Mixed farmer, Lincolnshire

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“For the first time in ages, I felt part of something again. The wellbeing sessions reminded me that I’m not facing this alone.” – Sheep farmer, Cumbria

For more information about the support we offer farming people, please visit: rabi.org.uk

Please note: All support services and financial grants are subject to RABI’s eligibility criteria being met.

Address

RABI
Shaw House
27 West Way
Oxford
OX2 0QH

Need support?

If you need support, please don’t hesitate to email us at help@rabi.org.uk or call our free 24-hour helpline at 0800 188 4444. We’re here for you, anytime you need us.

Fundraising enquiries

fundraising@rabi.org.uk

Media and press enquiries

press@rabi.org.uk



rabi.org.uk

General enquiries: 01865 724 931 / info@rabi.org.uk

RABI (Royal Agricultural Benevolent Institution) is a charity registered in England and Wales (208858)
Company number RCO00441

