

What our supporters help make possible

Thousands of people support RABI each year, enabling us to continue providing practical, financial and emotional support to farmers and their families across England and Wales.

Here's how their generosity and time helps RABI to make a real difference.

1 Immediate financial help during a crisis

Donations provide essential grants for heating oil, food, rent, mortgage support, emergency repairs and urgent household needs. This timely help prevents families from falling into, or further into debt, and can help protect them from losing their homes when the unexpected strikes.



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“When our boiler failed in the middle of winter, I didn't know how we'd cope. RABI stepped in straight away and took that weight off our shoulders.”

– Farming family, Devon

2 Mental health and emotional wellbeing support

RABI provide free, confidential counselling and online mental wellbeing support tailored to the pressures of farming life, such as long hours, isolation, uncertain income and continuous responsibilities.

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“I felt completely alone until I reached out. Talking to someone who understood farming saved my life.”

– Dairy farmer, Wales



3 Tailored support through illness, injury or bereavement

Life-changing events hit farming households particularly hard. Donations enable our Regional Support Managers to respond swiftly with practical advice and assistance in navigating complex decisions during difficult times.

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“After losing my husband, I was overwhelmed. RABI helped me navigate everything—from finances to just having someone to listen.” – Widow of a livestock farmer, Yorkshire

4 Cost-of-living relief during periods of acute pressure

Rising input costs, unexpected bills and unpredictable markets stretch already tight margins. RABI's grants ensure rapid access to financial assistance so farming families can stay stable and keep essential household needs going.



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“Feed and fuel costs went up faster than we could keep up. The help we received meant we could stay afloat.”

– Mixed farmer, Lincolnshire

5 Building community resilience and reducing rural isolation

Support from our volunteer community strengthens wellbeing events, workshops and local support networks, bringing farming people together, reducing loneliness and creating safe, facilitated spaces for open conversations about mental health and farm stresses.

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“For the first time in ages, I felt part of something again. The wellbeing sessions reminded me that I’m not facing this alone.” – Sheep farmer, Cumbria

6 Long-term guidance for stability and future security

RABI offers benefits checks, debt guidance, budgeting support and financial planning, helping farming families build sustainable futures and regain a sense of control.

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“The budgeting support gave us clarity. For the first time in years, we feel in control.”

– Arable farming couple, Norfolk



Supporting **RABI – the Farmers Charity**, helps ensure farming people across England and Wales can access our tailored, professional support whenever they need it.

24/7 Helpline to access our services: **0800 188 4444**

RABI (Royal Agricultural Benevolent Institution) is a charity registered in England and Wales (208858)
Company number RCO00441
Shaw House, 27 West Way, Oxford, OX2 0QH



rabi.org.uk

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