



RABI's Support Services

Professional, wrap-around support for farmers and their families.

Practical Support

- One-to-one, expert information, advice and guidance
- 24/7 freephone helpline
- Benefits guidance and other financial entitlements support

Financial Support

- Direct financial grant support to eligible farming people during challenging times
- Cost-of-living campaigns

Emotional Support

- Professional mental health counselling*
- Self-help Click & Chat wellbeing support*
- Accredited mental health training*

*Available for all qualifying farming people free of charge

Call our free, 24/7 confidential helpline to access our support services:

0800 188 4444





How You Can Support RABI

There are lots of ways to support RABI and help us build a better future for the farming community.

Volunteer

- Join RABI's dedicated volunteer community across England and Wales.
- Help at shows and events in a variety of roles. There's something for everyone to enjoy.

Fundraise

- From tractor runs and endurance events to bake sales or clay pigeon shoots, fundraising for RABI is as wide-ranging as your imagination!
- Get in touch to find out more about how we can help you organise a successful fundraiser.

Donate

- Donating to RABI is the simplest and most direct way of supporting our services.
- Every gift, no matter the amount, enables us to continue making a difference to the lives of farmers and their families.

